

NMEF Road Runners Club

Run. Cycle. Swim. Walk. Hike.

The New Milford Education Foundation is sponsoring a Road Runners Club to bring together a community of athletes from all levels and backgrounds, to help its members achieve their goals and to create a unique opportunity for members to support *New Milford, our schools and our children.*

Compete. Achieve. Inspire. Lead.

We'll be sponsoring our own local race event every year in the fall. But help us raise money for our town and we'll send you to premier events around the country. In addition, each year we'll be sending runners who qualify to the

THE ING NEW YORK CITY MARATHON

5K. 10K. 13.1. 26.2... or 140.6.

Whether your goal is to get healthy, cross a finish line or live a dream, we'll provide you the support to reach that goal. We lead by example and we inspire with our accomplishments. Whatever the goal, we'll provide the support you need to reach the start line and the training you need to reach the finish line.

Benefits of Participating:

- A support community: a social network including local events, group runs and professional training.
- A fun way to stay committed to your goals.
- A great way to support our town.
- Discounts with local sponsors.
- Professional training gear to show off your involvement!

Who Can Participate: Parents, students, alumni and anyone who cares about New Milford, our schools and our community. Participation is open to everyone at every level. Runners, cyclists, triathletes, walkers, hikers or anyone interested in getting healthy or fit in a fun and social setting: If you have never run before, here is a chance to get started.

For more information contact, Joe LoPorto, 201-951-3175

or by emailing at NewMilfordRuns@gmail.com

Like us on Facebook @ www.facebook.com/NMRoadRunners

Follow us on Twitter @NMRdRunners

